

LCMHC Professional Disclosure Statement

Matthew C Taylor, M. Ed., LMHC-QS (FL), LPC (VA, SC), LCMHC (NC), EMDR trained

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Qualifications

This therapist is a master's-level mental health clinician residing in Florida and holds multiple state licenses for telehealth. This therapist received a Master's degree in Clinical Mental Health Counseling, conferred in December of 2013 from Florida Atlantic University, a CACREP-accredited program. This therapist became a Licensed Mental Health Counselor in the state of Florida in 2017, and a Qualified Supervisor for Registered Mental Health Counseling Interns in 2020. This therapist's primary license, MH15098, is active and expires on 3/31/2027. This therapist also holds a license as a Licensed Clinical Mental Health Counselor in the state of North Carolina, number 21356, which is active and expires on 6/30/2028. This therapist is also a Licensed Professional Counselor in South Carolina, number 9190, which is active and expires on 08/31/2027. This therapist is also a Licensed Professional Counselor in Virginia, with license number 0701013395, expiring on 06/30/2027. This therapist has been working in the field since beginning his practicum experience in the Fall of 2012, with consistent post-graduate experience since his graduation in 2013, equaling more than 12 years of experience.

Counseling Background

This therapist focuses his practice on adults, primarily between the ages of 18 and 65, with special focus related to life stressors in the earlier adult years from 18 through the 30s. This therapist provides counseling services congruent with Cognitive Behavioral Therapy, while maintaining the critical conditions of Person-Centered Therapy. This therapist is experienced in providing skills and interventions from CBT, DBT, ACT, IFS, Narrative therapy, Psychodrama, Motivational Interviewing, and experiential therapy, and was trained in EMDR in 2020.

Session Fees and Length of Service

This therapist provides sessions at a standard length of 60 minutes to maximize each interaction opportunity. This is flexible, given an individual's needs, as is the frequency of appointments. This therapist currently utilizes two payment portals depending on the method of payment, as this therapist accepts many different insurance plans. Sessions conducted without insurance will be charged \$250 per hour, with a sliding scale available based on income and house size.

Family size	Tier 1 max	Tier 2 max	Tier 3 max	Tier 4 max	Tier 5 max	Tier 6 min +
1	\$ 13,590.00	\$ 16,988.00	\$ 20,385.00	\$ 23,783.00	\$ 27,180.00	\$ 27,181.00
2	\$ 18,310.00	\$ 22,888.00	\$ 27,465.00	\$ 32,043.00	\$ 36,620.00	\$ 36,621.00
3	\$ 23,030.00	\$ 28,788.00	\$ 34,545.00	\$ 40,303.00	\$ 46,060.00	\$ 46,061.00
4	\$ 27,750.00	\$ 34,688.00	\$ 41,625.00	\$ 48,563.00	\$ 55,500.00	\$ 55,501.00
5	\$ 32,470.00	\$ 40,588.00	\$ 48,705.00	\$ 56,823.00	\$ 64,940.00	\$ 64,941.00
6	\$ 37,190.00	\$ 46,488.00	\$ 55,785.00	\$ 65,083.00	\$ 74,380.00	\$ 74,381.00
7	\$ 41,910.00	\$ 52,388.00	\$ 62,865.00	\$ 73,343.00	\$ 83,820.00	\$ 83,821.00
8	\$ 46,630.00	\$ 58,288.00	\$ 69,945.00	\$ 81,603.00	\$ 93,260.00	\$ 93,261.00
9	\$ 51,350.00	\$ 64,188.00	\$ 77,025.00	\$ 89,863.00	\$ 102,700.00	\$ 102,701.00
10	\$ 56,070.00	\$ 70,088.00	\$ 84,105.00	\$ 98,123.00	\$ 112,140.00	\$ 112,141.00
Each add'l	\$ 4,720.00	\$ 5,900.00	\$ 7,080.00	\$ 8,260.00	\$ 9,440.00	\$ 9,440.00
Price/Session	\$ 150.00	\$ 170.00	\$ 190.00	\$ 210.00	\$ 230.00	\$ 250.00

Please see the appropriate payment portal for more information on methods of payment, which will include accepting credit cards.

Agreed cost per hour session _____

Use of Diagnosis

Some health insurance companies will reimburse clients for counseling services and some will not. In addition, most will require a diagnosis of a mental-health condition and indicate that you must have an “illness” before they will agree to reimburse you. Some conditions for which people seek counseling do not qualify for reimbursement. If a qualifying diagnosis is appropriate in your case, I will inform you of the diagnosis before we submit the diagnosis to the health insurance company. Any diagnosis made will become part of your permanent insurance records.

Confidentiality

All of our communication becomes part of the clinical record, which is accessible to you upon request. I will keep confidential anything you say as part of our counseling relationship, with the following exceptions: (a) you direct me in writing to disclose information to someone else, (b) it is determined you are a danger to yourself or others (including child or elder abuse), or (c) I am ordered by a court to disclose information.

Complaints

Although clients are encouraged to discuss any concerns with me, you may file a complaint against me with the organization below should you feel I am in violation of any of these codes of ethics. I abide by the ACA Code of Ethics (<http://www.counseling.org/Resources/aca-code-of-ethics.pdf>).

North Carolina Board of Licensed Clinical Mental Health Counselors
P.O. Box 77819
Greensboro, NC 27417
Phone: 844-622-3572 or 336-217-6007
Fax: 336-217-9450
E-mail: Complaints@ncblcmhc.org

Acceptance of Terms

We agree to these terms and will abide by these guidelines.

Client: _____ Date: _____

Counselor: _____ Date: _____